



**Breathe Better. Sleep Easy. Live Well.**

*Integrated Solutions for Snoring & Sleep Apnea*

## Appointment Request

To request a Sleep Appointment, please fill out the form below and email back to [info@cansleep.ca](mailto:info@cansleep.ca)

### Patient Information

Name \_\_\_\_\_ Date \_\_\_\_\_

PHN \_\_\_\_\_ Birthdate \_\_\_\_\_

Address \_\_\_\_\_

Phone Number \_\_\_\_\_ Email \_\_\_\_\_

Family Doctor (if applicable) \_\_\_\_\_

- Appointment with Clinical Therapist
  - OSA and Sleep Education
  - Assess patient risk for OSA
  - Review medical history and symptoms

If moderate-high risk for OSA, physician will be notified of request for sleep testing.

### Treatment Options Available at CanSleep

- CPAP & Mask Assessment
- Oral Appliances
- Upper Airway & Surgery Consultation

Once your request has been accepted, you will receive an E-mail and/or SMS text message to schedule an appointment. The message will be from **InputHealth [Sleep and Respiratory Clinic]**

Serving the Lower Mainland, Vancouver Island & Okanagan.  
Find a location near you at [CanSleep.ca](http://CanSleep.ca) or call **1.844.753.3740 (SLEEP40)**